



CARDIO EQUIPMENT

Treadmills

Ellipticals

Recumbent Bikes

Upright Bikes

Spinning

PRECISION ENGINEERING FOR ULTIMATE FITNESS

Elevate your fitness experience with Insight cardio equipment. Our meticulously crafted treadmills, ellipticals, recumbent bikes, upright bikes, and spinning solutions seamlessly combine versatility, specialized performance, user-friendly design, and unmatched durability.

Designed for large fitness clubs, boutique studios and discerning individuals, Insight's cardio line exceeds expectations. Popular for their rugged yet stylish design, our aerobic solutions promise an unparalleled workout experience. Choose Insight for a fitness journey beyond the ordinary, where cutting-edge design meets robust functionality.



TREADMILLS

Designed for health and performance, Insight treadmills feature advanced technology and superior craftsmanship for an effective and comfortable workout. Equipped with high-quality, silent motors, they ensure energy-efficient and quiet operation. The smooth lift mechanism and shock-absorbing running boards provide stability and knee protection. The robust frame design enhances safety, and with a variety of touchscreen and LED display, these treadmills can be customized to meet individual preferences.



Equipment model	RT-8	RT-7
Display window	23.8-inch LCD high resolution capacitive touch screen	18.5-inch LCD high resolution capacitive touch screen
Audio playback	Two hi-fi speakers external/headphone jack	headphone jack
Charging function	Wireless charging /USB charging	USB charging
Nominal power	AC 3HP (peak 7HP)	AC 3HP (peak 7HP)
Slope range	0-18%	0-18%
Velocity range	0.6-22km/h	0-20km/h
Current requirement	10A	10A
Supply voltage	200-240V	200-240V
Running area	590*1550 (mm)	590*1550 (mm)
Plate thickness	25mm	25mm
Strip thickness	2.3mm	2.3mm
Heart rate monitoring	Hand heart rate/wireless heart rate	Hand heart rate/wireless heart rate
Shortcut key	Slope, speed direct selection	Slope, speed direct selection
Program control	19 preset programs and face recognition	4 preset programs
Maximum bearing capacity	200kg	200kg
Weight of equipment	210kg	210kg
Overall size	2109*953*1553 (mm)	2109*953*1566 (mm)

RT-8 TREADMILL



Intuitive LCD capacitive touch screen with one touch speed and tilt buttons



Continuous multi-grip for the runner a variety of hand positions are available



The breathing lights under the armrests are different the he color indicates the status of the treadmill

RT-7 TREADMILL



Intuitive LCD capacitive touch screen with one touch speed and tilt buttons



A-Zone controls allow runners make quick and easy choices



2.3mm thick diamond patterned running strap for more comfortable running

RT-5 TREADMILL



Equipment model	RT-5
Display window	6LED window+40 * 16 dot matrix display screen
Audio playback	-
Charging function	USB charging
Nominal power	AC 3HP (peak 7HP)
Slope range	0-15%
Velocity range	0-20km/h
Current requirement	10A
Supply voltage	200-240V
Running area	590*1550 (mm)
Plate thickness	25mm
Strip thickness	2.3mm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Slope, speed direct selection
Program control	9 preset programs
Maximum bearing capacity	200kg
Weight of equipment	210kg
Overall size	2109*953*1566 (mm)



Intuitive LED button touch screen with one click speed and tilt buttons



A-Zone controls allow runners make quick and easy choices



2.3mm thick diamond patterned running strap for more comfortable running

CT-3000 TREADMILL



Equipment model	CT-3000
Display window	6LED window+40 * 16 dot matrix display screen
Audio playback	-
Charging function	-
Nominal power	AC 3HP (peak 7HP)
Slope range	0-15%
Velocity range	0-20km/h
Current requirement	10A
Supply voltage	200-240V
Running area	600*1550 (mm)
Plate thickness	25mm
Strip thickness	2.3mm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Slope, speed direct selection
Program control	9 preset programs
Maximum bearing capacity	200kg
Weight of equipment	190kg
Overall size	2175*930*1600 (mm)



Intuitive LED button touch screen with one click speed and tilt buttons



A-Zone controls allow runners make quick and easy choices



2.3mm thick diamond patterned running strap for more comfortable running

ELLIPTICALS

Designed for an efficient and comfortable workout. Insight ellipticals feature a unique magnetic control system that doesn't require an external power source, balancing energy efficiency and stability. The compact rear-drive structure not only saves space, but also aligns the machine's pivot point directly under the hip joint, optimizing stride and reducing knee pressure. A variety of touchscreen and LED display options are available to meet individual preferences. The sturdy design ensures safety and adapts to a variety of workout needs.

RE-8 ELLIPTICALS



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



Stainless steel foot pedal platform, convenient for users to get on and off the machine

Equipment model	RE-8
Display window	23.8-inch LCD high resolution capacitive touch screen
Audio playback	Two hi-fi speakers external/headphone jack
Charging function	USB charging
Nominal power	350W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Foot pedal length	46cm
Step into height	200mm
stride length	620mm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	19 preset programs and face recognition
Maximum bearing capacity	160kg
Weight of equipment	220kg
Overall size	1861*871*1732 (mm)

RE-7 ELLIPTICALS



Equipment model	RE-7
Display window	18.5-inch LCD high resolution capacitive touch screen
Audio playback	headphone jack
Charging function	USB charging
Nominal power	350W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Foot pedal length	46cm
Step into height	200mm
stride length	620mm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	4 preset programs
Maximum bearing capacity	160kg
Weight of equipment	220kg
Overall size	1861*871*1732 (mm)



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



Stainless steel foot pedal platform, convenient for users to get on and off the machine



Equipment model	RE-5	CE-6000
Display window	6LED window+40 * 16 dot matrix display screen	6LED window+40 * 16 dot matrix display screen
Audio playback	-	-
Charging function	USB charging	USB charging
Nominal power	350W	250W
Resistance range	20 levels	30 levels
Current requirement	-	-
Supply voltage	Magnetic controlled motor self generating	Magnetic controlled motor self generating
Foot pedal length	46cm	46cm
Step into height	200mm	200mm
stride length	620mm	620mm
Heart rate monitoring	Hand heart rate/wireless heart rate	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection	Resistance direct selection
Program control	9 preset programs	6 preset programs
Maximum bearing capacity	160kg	150kg
Weight of equipment	220kg	220kg
Overall size	1861*871*1732 (mm)	1835*869*1676 (mm)

RECUMBENT BIKES

Insight Recumbent Bikes prioritize comfort with a self-sustaining magnetic system for a steady, eco-friendly ride. The resistance adjusts smoothly to match training levels. The seats, with supportive backrests, enhance comfort during long sessions. Various display choices allow for a tailored workout experience.

RR-8 RECUMBENT BIKES



Equipment model	RR-8
Display window	15.6-inch LCD high resolution capacitive touch screen
Audio playback	Two hi-fi speakers external/headphone jack
Charging function	USB charging
Nominal power	300W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Flywheel weight	8.5kg
Foot pedal material	ABS
Seat adjustment	16 adjustable gears, front and rear range 27cm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	19 preset programs and face recognition
Maximum bearing capacity	160kg
Weight of equipment	85kg
Overall size	1650*650*1364 (mm)



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



A ventilated mesh cushion helps to quickly evaporate sweat and provide more comfort

RR-7 RECUMBENT BIKES



Equipment model	RR-7
Display window	18.5-inch LCD high resolution capacitive touch screen
Audio playback	headphone jack
Charging function	USB charging
Nominal power	300W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Flywheel weight	8.5kg
Foot pedal material	ABS
Seat adjustment	16 adjustable gears, front and rear range 27cm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	4 preset programs
Maximum bearing capacity	160kg
Weight of equipment	85kg
Overall size	1678*640*1495 (mm)



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



A ventilated mesh cushion helps to quickly evaporate sweat and provide more comfort



Equipment model	RR-5	CR-6000
Display window	6LED window+40 * 16 dot matrix display screen	6LED window+40 * 16 dot matrix display screen
Audio playback	-	-
Charging function	USB charging	USB charging
Nominal power	300W	250W
Resistance range	20 levels	20 levels
Current requirement	-	-
Supply voltage	Magnetic controlled motor self generating	Magnetic controlled motor self generating
Flywheel weight	8.5kg	8.5kg
Foot pedal material	ABS	ABS
Seat adjustment	16 adjustable gears, front and rear range 27cm	16 adjustable gears, front and rear range 27cm
Heart rate monitoring	Hand heart rate/wireless heart rate	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection	Resistance direct selection
Program control	9 preset programs	6 preset programs
Maximum bearing capacity	160kg	150kg
Weight of equipment	85kg	80kg
Overall size	1678*640*1495 (mm)	1666*633*1307(mm)



UPRIGHT BIKES

Insight Upright Bikes offer efficient, comfortable cycling with a self-powered magnetic system for stability and energy efficiency. Smooth resistance tuning suits any workout intensity. The ergonomic seat maximizes comfort, fitting into various spaces easily. Customizable screen options adapt to user preferences, supporting diverse training routines.

RU-8 UPRIGHT BIKES



Equipment model	RU-8
Display window	15.6-inch LCD high resolution capacitive touch screen
Audio playback	Two hi-fi speakers external/headphone jack
Charging function	USB charging
Nominal power	350W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Flywheel weight	8.5kg
Foot pedal material	ABS
Seat adjustment	11 adjustable gears, up and down range 24cm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	19 preset programs and face recognition
Maximum bearing capacity	160kg
Weight of equipment	76kg
Overall size	953*666*1426 (mm)



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



Comfortable seat cushion with adjustable handles provides more convenience for use

RU-7 UPRIGHT BIKES



Equipment model	RU-7
Display window	18.5-inch LCD high resolution capacitive touch screen
Audio playback	headphone jack
Charging function	USB charging
Nominal power	300W
Resistance range	20 levels
Current requirement	10A
Supply voltage	200-240V
Flywheel weight	8.5kg
Foot pedal material	ABS
Seat adjustment	11 adjustable gears, up and down range 24cm
Heart rate monitoring	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection
Program control	4 preset programs
Maximum bearing capacity	160kg
Weight of equipment	76kg
Overall size	1050*730*1493 (mm)



Intuitive LCD capacitive touch screen with one click resistance button



Ergonomic heart rate detection handle with resistance control button



A ventilated mesh cushion helps to quickly evaporate sweat and provide more comfort



Equipment model	RU-5	CU-6000
Display window	6LED window+40 * 16 dot matrix display screen	6LED window+40 * 16 dot matrix display screen
Audio playback	-	-
Charging function	USB charging	USB charging
Nominal power	300W	250W
Resistance range	20 levels	20 levels
Current requirement	-	-
Supply voltage	Magnetic controlled motor self generating	Magnetic controlled motor self generating
Flywheel weight	8.5kg	8.5kg
Foot pedal material	ABS	ABS
Seat adjustment	11 adjustable gears, up and down range 24cm	11 adjustable gears, up and down range 24cm
Heart rate monitoring	Hand heart rate/wireless heart rate	Hand heart rate/wireless heart rate
Shortcut key	Resistance direct selection	Resistance direct selection
Program control	9 preset programs	6 preset programs
Maximum bearing capacity	160kg	150kg
Weight of equipment	76kg	52kg
Overall size	1050*730*1493 (mm)	966*666*1428 (mm)



SPINNING

Insight Spin Bikes come with a quiet magnetic resistance for a smooth, maintenance-free ride. Quick-adjust resistance and adjustable seating fit all users. Optional Bluetooth console tracks workout stats simply and effectively.

SS-6000 SPINNING



5.3 LCD electronic watch (optional)
Display time, distance, calories, PRM, power, heart rate, speed

Equipment model	SS-6000
Display window	5.3 LCD electronic watch (optional)
Resistance system	Magneto-resistance system
Emergency stop mode	Press brake system
Flywheel weight	3.5kg
Flywheel material	Aluminum alloy material
Flywheel specifications	Φ405*10mm
Transmission mode	Belt drive
Seat cushion adjustment	17 adjustable gears, up and down range 29.5cm front and rear range 29.5cm
Armrest adjustment	8 adjustable gears, up and down range 13cm front and rear range 9.5cm
Maximum bearing capacity	160kg
Weight of equipment	76kg
Overall size	1050*730*1493 (mm)