



M7PRO LINE

M7PRO Line is a high-end series of equipment for professional gym use. It has been developed over 10 years by fitness professionals based in USA, Holland and China, and went through an arduous testing and is proving popular with luxury gyms and clubs. This series proves to satisfy all users from the amateur to the professional bodybuilder.

The M7PRO Line features Dual-Pulley design and metal enclosure. Each machine has a rack for towel and water bottle holder. The range is constructed from 57x115x3MM elliptical section and design is based around good Kinesiology motion. The machines adopt stainless fasteners, an excellent powder coat paint finish and superior welding. These features combine to produce a beautiful and attractive range.



SEATING WASHER

The ergonomic seat and two-piece backrest are anatomically shaped to support the spinal column and to help you assume the correct position during your workout. The wide, comfortable shape accommodates larger users.



VISUAL DESIGN

All adjusting pins and weight selecting pins are made of aluminum alloy, which is very conspicuous. It is very easy for the beginners who have no experience to use and set the equipment without the help of coaches.



TOTAL COMFORT

Just sit down, secure your towel with the Towel Locking Device, place your bottle, phone and personal objects in the dedicated holders and enjoy your training!



PULLEY

Aluminum pulley with the diameter 89mm and 144mm, are more beautiful and durable.



EASIER LOAD SELECTION

Selecting the correct weight is a hassle-free experience thanks to the new weight stack pin with pre-tensioned cable that doesn't jam between the weight stacks. The 4.5 kg/9 lbs integrated plate enables to increase the load more gradually.



INSTRUCTIONAL PLACARD

Easy to understand exercise placards feature large set-up and start and finish position diagrams that are visibly easy to identify.

M7PRO-1001
SEATED CHEST PRESS



- ▶ Dimension: 1625x1505x1800mm
63.8x59.3x70.9in
- ▶ N.W/G.W: 137kg 302lbs/179kg 395lbs
- ▶ Weight Stack: 293lbs/132.75kg

M7PRO-1002
SEATED LATERAL RAISE



- > Dimension: 1305x1115x1515mm
51.4x43.8x59.6in
- ▶ N.W/G.W: 143kg 315lbs/173kg 381lbs
- ▶ Weight stack: 174lbs/78.75kg

M7PRO-1005
SEATED BICEPS CURL



- > Dimension: 1420x1235x1415mm
55.9x48.6x55.7in
- > N.W/G.W: 140kg 309lbs/168kg 370lbs
- > Weight stack: 174lbs/78.75kg

M7PRO-1006
SEATED TRICEPS EXTENSION



- ▶ Dimension: 1675x1085x1415mm
65.9x42.7x55.7in
- ▶ N.W/G.W: 158kg 348lbs/184kg 406lbs
- > Weight stack: 263lbs/119.25kg

M7PRO-1003
SEATED SHOULDER PRESS



- Dimension: 1685x1432x1415mm
66.3x56.4x57.7in
- ▶ N.W/G.W: 125kg 276lbs/158kg 348lbs
- Weight stack: 218lbs/99kg

M7PRO-1004
ABDOMINAL CRUNCH



- ▶ Dimension: 1322x1160x1625mm
52x45.6x64in
- ▶ N.W/G.W: 155kg 342lbs/182kg 401lbs
- ▶ Weight stack: 218lbs/99kg

M7PRO-1007
PECTORAL MACHINE



- Dimension: 2300x1332x1415mm
90.6x52.4x55.7in
- ▶ N.W/G.W: 132kg 291lbs/165kg 364lbs
- ▶ Weight stack: 263lbs/119.25kg

M7PRO-1008
LAT PULL DOWN



- > Dimension: 1835x1165x1930mm
72.2x45.9x76in
- ▶ N.W/G.W: 145kg 320lbs/179kg 395lbs
- ▶ Weight Stack: 263lbs/119.25kg

M7PRO-1009
SEATED ROW/REAR DELTOID



Dimension: 1485x945x1415mm
58.5x37.2x55.7in
N.W/G.W.: 155kg 342lbs/188kg 414lbs
> Weight stack: 263lbs/119.25kg

M7PRO-1010
CHINDIP ASSIST



Dimension: 1505x1175x2206mm
59.3x46.3x86.9in
▶ N.W/G.W.: 180kg 397lbs/202kg 445lbs
Weight stack: 263lbs/119.25kg

M7PRO-2001
HIP ABDUCTOR



> Dimension: 1400x1110x1415mm
55.1x44.2x57.1in
> N.W/G.W.: 143kg 315lbs/172kg 179lbs
Weight stack: 218lbs/99kg

M7PRO-2002
HIP ADDUCTOR



> Dimension: 1375x1280x1415mm
57.3x49.9x57.1in
> N.W/G.W.: 151kg 333lbs/178kg 392lbs
Weight stack: 218lbs/99kg

M7PRO-1011
PEC FLY/REAR DELTOID



Dimension: 1525x1380x1991mm
60x54.3x78.4in
▶ N.W/G.W.: 145kg 320lbs/175kg
386lbs Weight stack: 218lbs/99kg

M7PRO-1012
BACK EXTENSION



Dimension: 1620x1190x1415mm
> 63.8x46.9x55.7in
> N.W/G.W.: 155kg 342lbs/176kg 388lbs
▶ Weight stack: 293lbs/132.75kg

M7PRO-2003
SEATED LEG EXTENSION



Dimension: 1500x1175x1415mm
59x46.2x55.7in
▶ N.W/G.W.: 162kg 357lbs/189kg 417lbs
▶ Weight stack: 293lbs/132.75kg

M7PRO-2004
SEATED LEG CURL



> Dimension: 1540x1170x1415mm
60.6x46.1x55.7in
> N.W/G.W.: 145kg 320lbs/179kg 395lbs
▶ Weight Stack: 293lbs/132.75kg

M7PRO-2005
SEATED LEG PRESS



▶ Dimension:1990x1180x1615mm
78.3x46.5x64.6in
N.W/G.W:261kg 575lbs/306kg 675lbs
Weight stack:293lbs/132.75kg

M7PRO-2007
STANDING CALF RAISE



▶ Dimension:1095x1300x1930mm
43.1x51.2x76in
N.W/G.W:175kg 386lbs/190kg 419lbs
Weight stack:263lbs/119.25kg

M7PRO-2006
ROTARY TORSO ROTATION



▶ Dimension:1120x1150x1600mm
44.1x45.3x63in
N.W/G.W:133kg 293lbs/168kg 370lbs
Weight stack:263lbs/119.25kg

M7PRO-2008
GLUTE MACHINE



▶ Dimension:2070x1025x1615mm
81.5x40.4x63.6in
N.W/G.W:146kg 322lbs/170kg 375lbs
Weight stack:263lbs/119.25kg

M7PRO-2009
PRONE LEG CURL



▶ Dimension:1540x1150x1415mm
60.6x45.3x55.7in
N.W/G.W:128kg 282lbs/159kg 350lbs
Weight stack:263lbs/119.25kg

